

Hawk Talk – Wednesday, January 22, 2020

Soccer: Soccer try-outs for the boys will take place after school today on the upper PE fields from 1:50 to 3:30. Boys trying out must have a signed permission slip and come prepared to play soccer with cleats and shin guards. No family or friends are allowed on the upper fields during tryouts.

Boys Soccer: Also, boys basketball players that are interested in trying out for soccer can try out after school today before the game. You will be seen first. Since some have asked, please know that there are only one boys and one girls team. 6-8th grade try out for the same team.

Basketball: The basketball season continues after school today with games against Amargosa Creek. The boys will be home while our girls travel. Good luck teams! GO HAWKS!!!

Washington DC Trip: 8th graders going on the Washington DC trip, report to room 106 on Friday, 1/24 during Advisory to choose your roommates. Do not forget to bring your Medical Consent and Behavior Agreement.

Hawks: Join us for our winter ball, Snowflakes and Ski Dreams, on Friday, February 7th from 6 - 8:30pm. Permission slips will be sent out next week and tickets will be sold February 4th, 5th, and 6th. Presale tickets are \$10 and increase to \$15 if you wait to buy at the door. Students must be eligible based on current merits and first semester grades.

Students: Are you planning to attend Highland High School next year? Come see what Highland has to offer at their Open House/ Winter Showcase on Wednesday, January 29th, from 5:30-7:30pm.

Kind Words

The Arabs have an old proverb that goes like this:

The sword wounds the body, but words wound the soul.

It is true words can wound. Unkind words ... abusive words can really hurt. Sometimes they can hurt for a very long time. If you take a minute to think about it, you can probably remember something someone said to you a long time ago that hurt your feelings. Does it still hurt to think about it?

There are a lot of people who look just fine on the outside, but inside they've been wounded by unkind words. So how do we heal the wounds? Talk to someone and share your feelings. Then remember what John Heywood said:

It hurteth not the tongue to give pleasant words.

Today, let's heal some wounds. Be especially aware of how you speak to others, and give away a few kind words.

Detention

1st lunch – Room 509

2nd lunch – Room 512

