

**HILLVIEW MIDDLE SCHOOL  
PHYS. ED. DEPARTMENT**

Greetings!

Welcome to Hillview's 2011-12 school year. Our Department is hoping for a fun and educational year. Following is an overview of our policies. *Sign & return the bottom portion to your P.E. teacher right away.*

**Goals we have for our students include**

- All students should be learning to be responsible young adults; we're here to help.
- All students should experience and practice good sportsmanship in P.E. class.
- All students should be improving their flexibility, strength & aerobic endurance in order to attain good scores on State testing.
- All students gain confidence through active daily participation.

**Expectations of students are simple**

- Each student is expected to give 100% personal effort at all times.
- People should treat others with positive respect; as they would expect to be treated.

**We all have rights which must be respected**

- Every teacher has the right to teach.
- Every student has the right to learn.

**Uniforms**

- Every student is required to change clothing for P.E. class
- Hillview P.E. uniforms are available throughout the year for \$25 cash.
- Uniforms are to be marked with student's name in block writing with permanent black ink. *No other writing or "decoration" is allowed on uniforms.*
- Rubber-soled, lace-up shoes are to be worn for class (tied tightly and correctly).

**Regular participation is important**

- If a child is suffering from an illness, the child should stay home and rest. When in class, all students' participation (modified if necessary) is expected and required. If a child is injured (as per Board Policy 6142.7):
  1. parent may specifically request UP TO two classes' excuse, but student still dresses out and performs to his or her best ability (WUSD Board Policy); signatures shall be checked for authenticity
  2. excuse notes should be signed and dated, with a description of the injury
  3. requests for additional excused time may only be made by a doctor; please ask doctor to detail injury.

**Grading procedure**

- Although all four Hillview P.E. teachers grade generally similar, each of us reserves the right to vary slightly from the following basic format. Please keep communications flowing.
- The typical class day is worth up to 10 (ten) points:
  - One or more points for proper behavior
  - One point for proper stretching and exercises
  - Three points for complete and proper uniform
  - Two to five points for daily lap
  - Two to six points for active participation in games or activities
  - PARTICIPATION = *"Doing whatever I can to help my team win the game."*

**Thank you**

Please sign and return the bottom portion of this paper to verify your understanding of rules and principles presented. Please contact your child's teacher if you deny permission for him/her to be filmed during class activities for instructional purposes. Activate Power School today!

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Name of Student